



Jamesriver Figure Skating Club

Skating News

www.jrfsc.org

September 2009

Welcome to All Skaters and Coach Mark!

Welcome to a new season of skating with the Jamesriver Figure Skating Club. We are excited to have Coach Mark back for another season. We are glad to see our returning skaters along with the new skaters joining us. We understand that there is much to learn about the club and there have been a number of changes this year. This newsletter will explain a lot of these changes. We will try to keep you informed and answer all your questions at registration. However, if there is ever a question about anything, please don't hesitate to call one of the board members. Board member phone numbers are listed in the newsletter. Also, please check the bulletin board at the rink often for any new announcements or changes and please refer to your skating calendar frequently.

The skaters work very hard in their classes and they love to demonstrate and show their parents what they are accomplishing. Parents are encouraged to stay and watch their children learn and perfect their skills. Parents we ask that you watch your skater from the bleachers and not along the side of the rink so as not to distract them while they are in class.

2009-2010 Season

The skating season has been divided into three 7-week sessions. The first session will run from September 8, 2009 to October 25, 2009. Registration dates for session 1 are listed elsewhere in the newsletter. Session 2 will run from October 26, 2009 to December 13, 2009. Session 3 will run from December 14, 2009 to February 14, 2010, with a 2 week break over Christmas and New Years.



Parent Meeting

During classes on Sunday, September 20, 2009 there will be a **mandatory meeting for parents** of basic level skaters. Parents of Basic 1-2 and Hockey 1-2 skaters will meet from 4:00-4:30, parents of Basic 3-5 and Hockey 3-4 skaters will meet from 4:30-5:15, and parents of Basic 6-8 skaters will meet from 5:15-6:00. All meetings will be held at the arena.



We are a member of USFSA

JRFSC Coach

Mark Vasarhelyi 252-5282

Board Members

Kristen Allen, Pres 763-6466

Brenda Jensen, VPRES 252-7948

Meredith Meidinger, Sec. 252-8474

Lonna Schmidt, Treas 252-1588

Lance Allen 763-6466

Rodney Ruzicka 845-9491

Missy Soulis 952-9824



JRFSC Registration for Session 1

Tuesday, September 1, 2009	6:30-8:00 p.m.	Wilson Arena
Thursday, September 3, 2009	6:30-8:00 p.m.	Wilson Arena
Tuesday, September 8, 2009	5:15-6:45 p.m.	Wilson Arena
Wednesday, September 9, 2009	4:45-6:00 p.m.	Wilson Arena

Classes are scheduled to start on Tuesday, September 8, 2009. Calendars of skating times will be handed out at registration and will be available on the website and on the bulletin board at the arena. If you have any questions regarding registration, please contact Deb at 320-7757.

Hockey Skating Classes

JRFSC will also be offering hockey skating classes this season. These classes are for beginning hockey players and will teach skating skills needed for playing hockey. The USFSA hockey levels, which consists of 4 levels, will be followed. Proper skating techniques are the primary focus of these classes.



Competitive Training Packages

This season there will be two competitive training packages offered. Skaters in basic 7 or above and interested in being a competitive skater may sign up for either of the following packages: 1) Full Competitive Training Package which will consist of 11 hours of training time each week or 2) Partial Competitive Training Package which will consist of 4 hours of training time each week. If you are interested in either of these packages, please ask about them at registration.



Competitive Skaters

If there are any skaters interested in being a competitive skater this season and were not able to attend the competitor meeting on August 23rd, please contact Deb at 320-7757 for information.

Non-competitive Training Package

Skaters of any level who have not signed up for one of the competitive training packages may sign up for the non-competitive training package. This package will consist of 1 hour of ice time per week. This package is good for skaters that would like some ice time to practice the skills they are learning in their classes. During this time, Coach Mark will be available for private lessons (for a fee) on a first come first served basis. Skaters signed up for this package may sign up for private lessons during this hour by signing their name next to an open time slot for this hour on the lesson sheet hanging on the bulletin board. A minimum of 5 skaters will need to sign up for this in order for it to be offered. In interested in this package, please ask about it at registration.



College Students

USFSA is offering a college student USFSA membership this year. This is a four-year full USFSA membership at a reduced rate for college students. College students can sign up for this at any time while in college and it is good for a consecutive four-year period. This membership with USFSA is available through JRFSC. Please ask for more information at registration.

JRFSC is offering a college student training package again this year. This package is open to advanced skaters interested in continuing to train.

Class Times

Classes will begin on September 8th. The class times for each level are listed below.

Hockey 1 & 2

Sunday 4:00 – 4:30 PM
Wednesday 5:30 – 6:00 PM

Hockey 3 & 4

Sunday 4:30 – 5:15 PM
Tuesday 5:15 – 6:00 PM

Basic 1 & 2

Sunday 4:00 – 4:30 PM
Wednesday 5:30 – 6:00 PM

Basic 3, 4, 5

Sunday 4:30 – 5:15 PM
Tuesday 5:15 – 6:00 PM

Basic 6, 7, 8

Sunday 5:15 – 6:00 PM
Tuesday 6:00 – 6:45 PM

Freeskate 1-6

Sunday 6:00 – 6:45 PM
Wednesday 4:45 – 5:30 PM

Calendars with class times noted will be sent out with the monthly newsletters. Please watch these calendars closely from month to month for changes. There may be some changes to the schedule from time to time due to Hockey tournaments and competitions, etc. so please watch your calendar closely and check the bulletin board for unexpected changes.

Note: Classes will not be held on Sunday, September 13, but will be held on Saturday, September 12 instead, at the same time Sunday classes are usually held. See September calendar of skating times.

Rink Parents

Rink parents are needed for all basic level classes. Rink parents for each class will take attendance, keep the skaters in the skating box until class time begins, encourage parents to watch their skaters from the bleachers as parents are not allowed in the skating box or near the ice, and be prepared to assist skaters as needed. If you are interested in being a rink parent, please sign up at registration. There will be a meeting for all rink parents on Sunday, September 20 at 3:00 p.m. in Wilson Arena.

Junior Coaches

Skaters in skating level Freeski 1 or above and at least 9 years old are eligible to be Junior Coaches. If you are interested, please sign up at registration. There will be a mandatory training session in September that all Junior coaches must attend. If you have any questions about Junior Coaching please contact Meredith at 252-8474 or Brenda at 252-7948.

Fundraising

A large portion of JRFSC's income comes from fundraising efforts – this allows us to keep the registration fees lower. Therefore, there will be a fundraising obligation for each family this year. A family's fundraising financial responsibility for the season will depend on the skater's level, with the total being \$125 for Basic 1-2 and Hockey 1-2; \$175 for Basic 3-8, Freeski 1-6, and Hockey 3-4; and \$225 for competitive skaters. All fundraisers, except the Ice Show, will count towards your financial responsibility. More information will be given at registration.



Happy Birthday!

Congratulations to all skaters who celebrated their birthdays in June, July, August, and September:

Mary Daly – June 10th
Madison Ruzicka – June 13th
Theresa Heier – June 17th
Mason Burrows – July 4th
Amber Earnest – July 10th
Logan Huber – July 11th
Jocelyn Meidinger – July 22nd
Brooke Graalum – July 30th
McKenzie Paul – August 16th
Abigayle Grounds – August 24th
Libby Wohl – August 24th



Morgan Huber – August 26th
Meghan Ray – August 28th
Caitlin George – August 30th
Abby Wenzel – September 2nd
Paige Earnest – September 9th
Annika Tweten – September 14th
Kelsey Bear – September 18th
Eliana Miller – September 18th
Karla Sherfy – September 21st
Elizabeth Jensen – September 25th

Painting

JRFSC will be assisting Jamestown Park and Rec. by painting Eagles Arena. We will be painting on September 12th and 13th. If you are able to help please call Brenda at 252-7948 for more information.

Skates and Skating Clothes Exchange

Please bring your used skates and clothing items to sell at registration. Be sure to pin a price and name and address for which to have checks made payable to for your items.

Skates

If you are looking to buy new skates, Scheels Sports and Play It Again Sports in Fargo may have some skates available. The Outdoorsman in Fargo is a good place for the upper level skaters to purchase skates. When buying skates for beginners, look for a moderately stiff boot that will give feet and ankles good support, while being flexible enough to break in quickly and feel comfortable.

Calendar

September 8	JRFSC Board Meeting – 7:00 pm, United Methodist Church
November 13-15	Granite City Classic Figure Skating Competition, St. Cloud, MN
January 9-10	Magic City International Competition, Minot, ND
January 22-23	Northern Star International Competition, East Grand Forks, MN
January 28-31	Northland Competition, Duluth, MN
February 5-7	Hiawathaland Open Figure Skating Competition, Rochester, MN
February 12-13	Red River Valley Figure Skating Classic, Moorhead, MN