



Jamesriver Figure Skating Club Skating News

www.jrfsc.org

October 2009

Annual Meeting of the General Membership

7:30 p.m. on Tuesday, September 29th

The annual meeting of the Jamesriver Figure Skating Club will be held in the basement conference room at Babb's Coffee House on Tuesday, September 29th at 7:30 p.m. All parents are encouraged to attend this meeting. We will be electing new board members, voting on a change to the bylaws, and discussing other business. If any parents are interested in a position on the board of directors, please fill out the form below and return to Brenda Jensen or Kristen Allen before the annual meeting. The following by-law change will be voted on at the annual meeting:

Article VIII Section 1

One (1) Governing Body meeting will be held each year in the spring. Election to the Board of Directors to be held at this meeting. The Board of Directors shall set the date and time of the meeting.

Board Member Positions Available

If you are interested in being considered for a position on the board, please complete the following form and return to Brenda Jensen or Kristen Allen before the annual meeting. Each position is a three year term.

Name: _____

Years with the Club: _____

Name and level of child in skating: _____

Type of involvement you have had with the skating club:

Additional Information: _____



We are a member of USFSA

JRFSC Coach

Mark Vasarhelyi 252-5282

Board Members

Kristen Allen, Pres 763-6466

Brenda Jensen, VPres 252-7948

Meredith Meidinger, Sec. 252-8474

Lonna Schmidt, Treas 252-1588

Lance Allen 763-6466

Rodney Ruzicka 845-9491

Missy Soulis 952-9824



Session 2 Registration

The first session will end on October 25, 2009 and Session 2 will begin October 26, 2009. Since there is a separate registration for each session this season, everyone who skated Session 1 will need to come register and pay for Session 2 (unless you paid for the full season at Session 1 registration). This will only take a few minutes and registration dates and times are set to be during your skater's class times. Registration for Session 2 will be in Wilson Arena on the following dates and times:

Tuesday, October 20, 2009	5:15-6:45 p.m.
Wednesday, October 21, 2009	4:45-6:00 p.m.
Sunday, October 25, 2009	4:00-6:45 p.m.

If you have any questions regarding registration, please contact Deb at 320-7757. Also, if you know of any new skaters interested in registering for Session 2, please let them know the dates and times of registration.

Competitive Training Packages

This season there are two competitive training packages being offered. The Full Competitive Training Package is available to skaters in Basic 7 and above and the Partial Competitive Training Package is available to skaters in Basic 5 and above. The full package consists of 11 hours of training time each week and the partial package consists of 4 hours of training time per week. Skaters registering for these packages must be registered as a competitive skater with USFSA and intend to compete in at least one non-qualifying competition this season. If you are interested in being a competitive skater and signing up for either of these packages, please ask about them at Session 2 Registration.

Hockey Skating Classes

JRFSC is offering hockey skating classes this season. These classes are for beginning hockey players and will teach skating skills needed for playing hockey. The USFSA hockey levels, which consists of 4 levels, will be followed. Proper skating techniques are the primary focus of these classes. Interested skaters can still sign up for these classes. For more information call Deb at 320-7757.

Non-competitive Training Package

The non-competitive training package will be offered again in Session 2, however, a minimum of 5 skaters will need to be signed up for it. This package consists of 1 hour of ice time per week and skaters of any level, who have not signed up for one of the competitive training packages, may sign up for it. This package is a great opportunity for some extra ice time to practice the skills learned during classes. During this time, Coach Mark will be available for private lessons (for a fee) on a first-come first-served basis. Skaters signed up for this package may sign up for private lessons during this hour by signing their name next to an open time slot for this hour on the lesson sheet hanging on the bulletin board. If interested in this package, please ask about it at Session 2 Registration.

Happy Birthday!

Congratulations to all skaters who will be celebrating their birthdays in October:

Emily Suckow – Oct. 6th
Hannah Soulis – Oct. 21st
Katie Suckow – Oct. 25th
Mara LeFevre – Oct. 28th



Fundraising

A large portion of JRFSC's income comes from fundraising efforts – this allows us to keep the registration fees lower. Therefore, there will be a fundraising obligation for each family this year. A family's fundraising financial responsibility for the season will depend on the skater's level, with the total being \$125 for Basic 1-2 and Hockey 1-2; \$175 for Basic 3-8, Freeskiate 1-6, and Hockey 3-4; and \$225 for competitive skaters. The amount of profit to the club from the amount you sell for each fundraiser will be counted towards your fundraising responsibility. All fundraisers, except the Ice Show, will count towards your financial responsibility. For skaters only skating two sessions, the fundraising financial responsibility is 75% of the above amounts. For skaters only skating one session, the fundraising financial responsibility is 50% of the above amounts.

Competitor Reminder

For those competitors that are in grades 7 – 12 and have signed the Lettering Intent form (which is due September 30th), lettering calendars for each month need to be turned in by the 10th of the next month (e.g., September's calendar needs to be turned in by October 10th). Please put the calendars in the Lettering File in the black file box. Please remember to only list actual time skated and both skater and parent need to sign the calendars. Any questions, please contact Meredith Meidinger.



Schedule Changes

Calendars with class times noted will be sent out with the monthly newsletters. Please watch the calendars closely from month to month for changes. There may be some changes to the schedule from time to time due to hockey tournaments, competitions, etc., so please watch your calendar closely and check the bulletin board for unexpected changes.

Rink Parents

Rink parents are a very important part of our skating program. We appreciate their willingness to help our young skaters. Our Rink Parents for the 2009-2010 season are as follows: Basic 1-2 and Hockey 1-2 – Jill Morin, Maria Rockne, Jessica Platt; Basic 3, 4, & 5 – Kristen Hoff, Amy Elhard, Mary Knutson; Basic 6, 7, & 8 – Deb Struble, Lonna Schmidt.

A few of the responsibilities of Rink Parents are: take attendance, keep the skaters in the skating box until class time begins, watch for gum or candy as it is not permitted on the ice, encourage parents to watch their skaters from the bleachers as parents are not allowed in the skating box or near the ice, and to be prepared to assist skaters during the season as needed. This may include: providing tissues or finding gloves to use from the Boutique, wiping tears after a fall, lacing skates, giving hugs and words of encouragement to our young skaters. When a Rink Parent is unable to attend they should call another Rink Parent from the list for that level and if one cannot be reached the Rink Parent Coordinator should be contacted before the class is held. If a skater of a Rink Parent moves up to the next level the Rink Parent Coordinator needs to be notified so a replacement can be found and their name will be added to the list of Rink Parents for the next level. The Rink Parent Coordinator for this season is Lonna Schmidt.

Thank you to the Rink Parents that have already volunteered this season! Any Rink Parent that has a question or concern or if anyone would like to volunteer to be a Rink Parent **PLEASE** give Lonna a call at 252-1588.

Information

When questions arise, there are a number of places to find the answers. Check the bulletin boards at the arena – information is often posted on these bulletin boards. The handbook that was handed out at registration has a lot of information about the club. The monthly newsletter that gets sent out will have a lot of valuable information each month. Any board member can be called with questions – their phone numbers are available in every newsletter. And finally monthly board meetings are a great place to get questions answered and find out what is currently happening in the club. The board meetings are typically held on the second Tuesday of each month. The date and time of the next meeting is always listed in the calendar at the end of the newsletter.

The next board meeting will be held Tuesday, October 13 at 7:00 p.m. at First United Methodist Church. All parents are always welcome and encouraged to attend monthly board meetings.

USFSA Basic Skills Program

The USFSA Basic Skills program is a beginning skating program that is fun, challenging, and rewarding. Skaters will learn to skate, earn badges, meet new friends, and have fun. At JRFSC, the Basic Skills program consists of eight Basic Levels and six Freeskate Levels. The eight Basic Levels allow the beginning skater to feel comfortable on the ice while learning basic skating techniques. They will learn forward and backward skating techniques, turns, and stops. To pass from one Basic Level to the next, the skaters will be tested by Coach Mark. Once a skater passes all eight Basic Levels they will advance to the Freeskate Levels. There are six Freeskate Levels, in which skaters will learn jumps, spins, footwork, and other moves. To move from one Freeskate Level to the next, the skaters will be tested by Coach Mark.

JRFSC Coaching

Junior Coaches assist the Club Professional with all hockey and basic level classes. The Club Professional will spend a portion of the lesson time with each level and the rest of the lesson time is spent with the Junior Coach practicing the skills for their level. There may be games played at the end of the class time.

Several times during the skating year the Club Professional will not be teaching the classes. This will occur when our Competition Team is attending competitions. During these absences the Junior Coaches will be conducting the classes. If there are not enough Junior Coaches, the ice time will be available for practice and parents will be in charge.

Any questions about our coaching staff can be directed to any board member. Any questions specifically related to Junior Coaches should be directed to our Junior Coach Coordinators, Meredith Meidinger and Brenda Jensen.

Calendar

September 29	JRFSC Annual Meeting – 7:30 pm, Babb’s Coffee House
October 13	JRFSC Board Meeting – 7:00 pm, First United Methodist Church
November 13-15	Granite City Classic Figure Skating Competition, St. Cloud, MN
January 9-10	Magic City International Competition, Minot, ND
January 22-23	Northern Star International Competition, East Grand Forks, MN
January 28-31	Northland Competition, Duluth, MN
February 5-7	Hiawathaland Open Figure Skating Competition, Rochester, MN
February 12-13	Red River Valley Figure Skating Classic, Moorhead, MN